



DATE	AGENDA (Activities subject to change)	LOCATION
SAT 14/9	<ul style="list-style-type: none"> • Arrival • Meet at hotel. • Dinner together. 	Kathmandu
SUN 15/9	<ul style="list-style-type: none"> • Morning - Free (Church, etc.) • Afternoon (in hotel) - Cultural session with Tertiary education students. • Night - Short tour of Kathmandu incl. Durbar Square. 	Kathmandu
MON 16/9	<ul style="list-style-type: none"> • Travel to Anandaban. <ul style="list-style-type: none"> ◦ General tour and meet staff. ◦ Around 3pm Nepal time - Unveiling of new Self-Care Unit plaque and general tour of the new unit (live-streamed) - 7pm AEST). ◦ Stay at Anandaban. ◦ Patients teach how to play games. ◦ Reflection session. 	Lele
TUE 17/9	<ul style="list-style-type: none"> • Morning devotions with the hospital staff. • Activities - Each person chooses a following session; each session running approximately 1-2 hours. <ul style="list-style-type: none"> ◦ Observe surgery (2 people) ◦ Physiotherapy unit (5 people) ◦ Orthotics workshop (5 people) ◦ Visit patients on ward (5 people) ◦ Research unit tour - explaining the slit skin smear process (4 people) • Afternoon - Spend time at the Self-Care Unit. <ul style="list-style-type: none"> ◦ Wound dressing ◦ Educational sessions etc. • Stay at Anandaban • Reflection session. 	Lele
WED 18/9	<ul style="list-style-type: none"> • Time at the Self-Care Unit: <ul style="list-style-type: none"> ◦ Watch wound dressing. ◦ Education sessions. • Lunch at Anandaban. • Return to Kathmandu. • Visit to head office and observe clinic. • Cultural Dinner. • Stay at hotel. 	Kathmandu
THU 19/9	<ul style="list-style-type: none"> • Free day. Some ideas: <ul style="list-style-type: none"> ◦ Thamel (tourist district). ◦ Short hike. ◦ Day spa retreat. 	Kathmandu
FRI 20/9	<ul style="list-style-type: none"> • New SADLE: <ul style="list-style-type: none"> ◦ Tour. ◦ Hands on workshop. • Final reflections for Kathmandu Group. • Farewell dinner. 	Kathmandu
SAT 21/9	<ul style="list-style-type: none"> • First Group leaves. • Immersive Group flies to Biratnagar. • Settle into accommodation/explore. • Afternoon with NLF team: <ul style="list-style-type: none"> ◦ Introductions, presentation on the project and preparing for the leprosy and presentations with NLF team. 	Jhapa
SUN 22/9	<ul style="list-style-type: none"> • Leprosy Patient Journey Experience - Day 1: Diagnosis <ul style="list-style-type: none"> ◦ Visit a Self-Help Group. Mutual learning from each other about cultural differences. ◦ Visit a health post to learn about the process and activities for patient diagnosis. ◦ Travel to Birtamod. Settle into accommodation. 	Jhapa
MON 23/9	<ul style="list-style-type: none"> • Leprosy Patient Journey Experience - Day 2: Detection <ul style="list-style-type: none"> ◦ Visit Birtamod Health section and participate in the school screening planning and preparation process. ◦ Go to the nearby school to observe and participate in school screening activities. ◦ Visit a community to see how publicity for leprosy is broadcast. 	Jhapa
TUE 24/9	<ul style="list-style-type: none"> • Rest day. <ul style="list-style-type: none"> ◦ Trip to the tea gardens. ◦ Reflection on leprosy patient journey experience. 	Jhapa
WED 25/9	<ul style="list-style-type: none"> • Leprosy Patient Journey Experience - Day 3: Reducing Transmission and Stigma <ul style="list-style-type: none"> ◦ Visit child case cluster for house-to-house active case finding. ◦ Visit Self-Help Group to learn about livelihoods, the models for savings and loans. Visit some Self-Help Group member businesses. • Debrief. • Final dinner with NLF team. 	Jhapa
THU 26/9	<ul style="list-style-type: none"> • Fly to Kathmandu from Bhadrapur Airport. • Summing up activity and reflections. • Farewell dinner. • Tour ends (there are a lot of midnight flights out of Kathmandu). 	Kathmandu